

Module Title:	Self-sufficiency - Self Management		
Module Identifier:	ASL6SL1		
Type of Module:	XCompulsory module Elective module Option module	XFoundation module Extension module	XSubject-specific module Cross-disciplinary module General issues module
Level:	Part: 2	Year:3	Semester:6
Delivery length / details	1 Sem. / jährlich		
Module Coordinator:	Neißl Marianne		
Admission requirements	---		
Credit points:	6		
Aims and Objectives:	<ul style="list-style-type: none"> • Fundamentals of exploring personal responsibility for a healthy, socially and environmentally beneficial lifestyle • Ability to plan and deliver lessons (holistic approach) bearing in mind educational support schemes 		
Course Content:	<ul style="list-style-type: none"> • Health-conscious lifestyle • Selecting and preparing food(stuffs) • Economic and ecological responsibility • Social cooperation • Basal stimulation • Professional orientation 		
Assessable Learning Outcomes	<ul style="list-style-type: none"> • On successful completion of this module students should be able to: • analyse, plan, organise and evaluate household activities • devise pedagogical and subject-specific learning processes conducive to fostering a healthy and ecologically beneficial lifestyle 		
Allocation across disciplines	Human Sciences:	Subject Studies: 6	School Experience: Complementary Studies:
Linkage to other modules or subject areas:			
Literature:	Students will be informed of the literature required for each semester by the Module Coordinator		
Assessment Criteria:	With regard to assessment criteria and course requirements, Sections 1 and 6 of the Examination Regulations apply. The module instructors will make their final decision on specific assignments and/or examinations prior to the module being taught, and will officially inform the students of the details.		
Language:	Deutsch		

Modes of Teaching and Learning:

	Lecture / Seminar / Practical Class	Hours/Week	E-learning / Distance Learning	Hours/Week	Tutorial / Blended Learning / Q&A session	Hours/Week	Sum	Working hours/Week	EC	Class Title	8) FB
1):	S	1.00					1	13	1.00	Nutrition and Household	FW
2):	Ü	2.00					2	26	2.00	Practical: Nutrition and Household	FW
3):			E	1.00			1	13	1.00	ICT	FW
4):	S	0.50			K	0.50	1	13	1.00	Therapeutic and functional practical exercises: Basal stimulation	FW
5):	S	0.50	E	0.50			1	13	1.00	ICT	FW

6):											
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1) Delivery modes; 2) Contact hours; 3) Supervised hours pursuant to $\times 37$ UA; 4) Further supervised hours 5) Sum total (supervised) 6) Self-organised learning (hours) 7) ECTS points 8) Subject areas